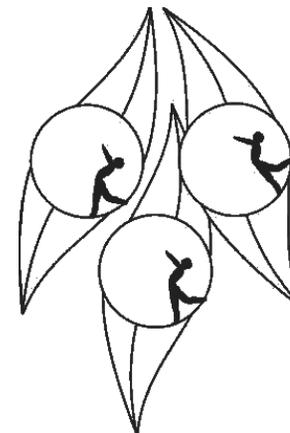


Levels are also available for Adult divisions



- SAISA Inc is the recognized organisation representing figure skating in South Australia
- SAISA Inc is a member State association of Ice Skating Australia Inc (ISA) the recognized National body
- Through ISA, Australia is a Federation member of the Ice Skating Union (ISU). ISU is the world body that controls all the disciplines of figure skating on ice, (ie singles, pairs, dance, synchronized and theatre-on-ice). ISU is recognized by the International Olympic Committee (IOC) as the only body that controls figure skating (and incidentally, speed skating)
- Through ISA, SAISA Inc has links with the Australian Professional Skaters Association, the recognized coaching association
- Through ISA's partnership with the Olympic Winter Institute, the Australian Sports Commission and the Australian Institute of Sport (AIS), ISA members have access to the AIS Figure Skating Program
- As part of its membership of ISA, SAISA runs tests and championships at State level on behalf of ISA
- Presently, there are two clubs affiliated with SAISA, the Silver Blades Figure Skating Club at IceArena, and the Noarlunga Figure Skating Club at the Noarlunga Ice Sports Centre
- SAISA is also part of the SA Ice Sports Federation and also has full membership with Sport SA ('the voice of sport in SA')

**SAISA Inc is pleased to acknowledge the support of the State Government of South Australia and the Office for Recreation and Sport**



Government of South Australia  
Office for Recreation and Sport

**be active.**

### Aussie Skate –The National Learn to Skate Program

Most skaters come into the sport of Ice Skating by skating in a public session and showing interest in wanting to learn more. Enrolling in an Aussie Skate group class is a fun way to learn the basics of ice skating.

A skater may be happy to stay in these group classes, and become a competent social skater. They may also wish to take part in the Aussie Skate assessments and competitions that are standard throughout Australia.

Some skaters show an interest in pursuing figure skating as a sport. At this stage the rink management will help the skater choose a program and a coach that will suit their needs.

### After Aussie Skate

There are several paths the skater can take:

- Singles Figure Skating
- Pairs
- Ice Dance
- Solo Dance
- Synchronized Skating (in teams)
- Adult

Each of these disciplines can lead skaters to skate at State level and even National and International level. It requires many hours of training on and off the ice. The skaters can also choose to learn these disciplines just for fun and fitness. But parents and skaters have to be prepared for Ice Skating to become a huge part of their lives if the skater gets the 'bug'.

### About Competitions

Competitions are a lot of fun and one way for skaters to demonstrate their skills. Many competitions in SA and interstate offer Aussie Skate divisions as well as the higher levels. Some competitions have Artistic divisions where the emphasis is on artistic expression of the music rather than technical achievements. Many skaters from South Australia have also been able to compete overseas either because they have been nominated to represent Australia or a trip to gain experience has been organized.

Forthcoming competitions are announced on the SAISA website. Participants in SAISA, and the interstate or international competitions referred to above must be members of SAISA.

### About Tests

Tests are a way for the skater to measure their personal progress. The tests consist of required elements that a skater must perform before a panel of judges. The skaters' skills are judged against a clearly outlined standard, rather than against the performance of other skaters. The test levels are shown in the flow chart in this brochure. Coaches will suggest when a skater is ready to test and will liaise with SAISA to book a suitable date.

Test dates and conditions are announced on the SAISA website. Applicants must be members of SAISA.

### Skating Expenses

Like many activities, the cost depends on how intensely you get involved. There may be rink entry fees, coaching fees, skate costs and blade sharpening fees, costumes, music, membership fees, test and competition fees.

**SAISA Membership fees** includes the ISA insurance scheme levy which is charged to each member. The scheme is a comprehensive package covering skater accident, public and product liability, and directors & officers insurance. Parents, volunteers and coaches are encouraged to take out the Non-skater membership which is a discounted membership covering ISA registration and insurance.

**SAISA Test fees** have been carefully calculated and are based on the ice hire fee, the ISA Test fee, and except for the Preliminary Test, also contain a contribution towards SAISA expenses.

### SAISA Volunteers

The committee members are volunteers. The judges are also all volunteers as are the members of the technical panel at the competitions. Competitions couldn't run without volunteers to do the announcing, music, door, programs, refreshments and other behind the scenes necessities. This helps to keep the costs down for all skaters and their families. New volunteers are always welcome.

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